

### THIRD INTERNATIONAL YOGA DAY

Gyan Bharati School, Saket, New Delhi-110017, observed the third international Yoga Day on 21<sup>st</sup> June 2017. Conducted by the school sports teachers, the mass yoga session lasting one hour (7.00 a.m. to 8.00 a.m.), was attended by students, parents and teachers.



The common yoga protocol as developed by the AYUSH Mantralaya was followed. The programme effectively generated awareness and enthusiasm about yoga and its health benefits among the participants.